

| <b>Verb / Phrase</b> | <b>Meaning (A1 Level)</b>                       |
|----------------------|-------------------------------------------------|
| feel happy           | to have a good and pleasant feeling             |
| feel glad            | to feel good about something                    |
| feel joyful          | to feel very happy                              |
| feel pleased         | to feel happy and satisfied                     |
| be happy             | to feel good and smile                          |
| be cheerful          | to feel good and act friendly                   |
| be excited           | to feel very happy and energetic                |
| smile                | to make a happy face with your mouth            |
| grin                 | to smile widely                                 |
| beam                 | to show happiness on your face                  |
| laugh                | to make a happy sound                           |
| giggle               | to laugh in a small, quiet way                  |
| be relaxed           | to feel calm and not worried                    |
| be calm              | to feel peaceful                                |
| enjoy                | to like something and feel happy doing it       |
| like                 | to feel good about something                    |
| love                 | to feel very good about something or someone    |
| have fun             | to do something enjoyable                       |
| have a good time     | to enjoy yourself                               |
| be proud of          | to feel happy about something you did           |
| feel proud           | to feel good about yourself                     |
| be satisfied         | to feel happy with something                    |
| be content           | to feel calm and happy                          |
| feel sad             | to feel unhappy                                 |
| feel unhappy         | to feel bad inside                              |
| feel upset           | to feel unhappy or worried                      |
| cry                  | to let tears fall from your eyes                |
| weep                 | to cry                                          |
| be lonely            | to feel alone                                   |
| feel alone           | to feel without friends                         |
| miss someone         | to feel sad because someone is not there        |
| miss something       | to feel sad because something is gone           |
| feel disappointed    | to feel unhappy because something went wrong    |
| feel sorry           | to feel bad for someone or yourself             |
| be tired             | to feel weak or need rest                       |
| be bored             | to feel unhappy because nothing is interesting  |
| be frustrated        | to feel unhappy because you cannot do something |
| sigh                 | to breathe out slowly when unhappy              |
| moan                 | to make a low sound when unhappy                |
| feel bad             | to feel unhappy or guilty                       |
| feel ashamed         | to feel bad about yourself                      |

| <b>Verb / Phrase</b> | <b>Meaning (A1 Level)</b>                      |
|----------------------|------------------------------------------------|
| feel angry           | to feel mad                                    |
| feel mad             | to feel angry                                  |
| feel annoyed         | to feel irritated                              |
| feel upset           | to feel unhappy and angry                      |
| shout                | to speak loudly because of anger or excitement |
| yell                 | to shout loudly                                |
| scream               | to shout very loudly                           |
| get angry            | to start feeling mad                           |
| lose your temper     | to suddenly get very angry                     |
| argue                | to speak angrily with someone                  |
| fight                | to fight physically or argue                   |
| disagree             | to have a different opinion                    |
| glare                | to look at someone angrily                     |
| scowl                | to frown and show anger                        |
| frown                | to move your eyebrows to show anger or sadness |
| complain             | to say you are unhappy about something         |
| protest              | to say you do not agree                        |
| be frustrated        | to feel angry because you cannot do something  |
| be irritated         | to feel annoyed                                |
| feel afraid          | to feel scared                                 |
| feel scared          | to feel fear                                   |
| feel nervous         | to feel worried or tense                       |
| feel worried         | to feel unhappy or afraid about something      |
| tremble              | to shake because of fear                       |
| shake                | to move quickly back and forth                 |
| hide                 | to go somewhere so others cannot see you       |
| run away             | to go away quickly because of fear             |
| escape               | to get away from danger                        |
| panic                | to feel very afraid and confused               |
| be surprised         | to feel something unexpected                   |
| be shocked           | to feel very surprised or upset                |
| freeze               | to stop moving because of fear                 |
| stop                 | to not move or act                             |
| hesitate             | to wait before doing something                 |
| worry about          | to feel nervous about something                |
| fear for             | to feel afraid something bad will happen       |
| love                 | to feel very good about someone or something   |
| like                 | to feel good about something or someone        |
| care for             | to feel concern or love for someone            |
| adore                | to love very much                              |
| hug                  | to hold someone in your arms                   |
| hold                 | to put your hands on or around someone         |

| <b>Verb / Phrase</b>     | <b>Meaning (A1 Level)</b>                          |
|--------------------------|----------------------------------------------------|
| kiss                     | to touch with lips to show love                    |
| cuddle                   | to hold someone in a loving way                    |
| help                     | to do something for someone                        |
| support                  | to help or encourage                               |
| trust                    | to believe someone is good and honest              |
| miss someone             | to feel sad because someone is not there           |
| think of someone         | to have someone in your thoughts                   |
| be friends with          | to have a friend                                   |
| play with                | to do games or fun activities together             |
| share with               | to give part of something to someone               |
| smile at                 | to smile to someone                                |
| greet warmly             | to say hello in a friendly way                     |
| be surprised             | to feel something unexpected                       |
| be shocked               | to feel very surprised or upset                    |
| be amazed                | to feel very surprised                             |
| be excited               | to feel very happy and energetic                   |
| gasp                     | to breathe in quickly because of surprise          |
| say "wow"                | to express surprise                                |
| shout in surprise        | to make a loud sound because of surprise           |
| raise eyebrows           | to move eyebrows up in surprise                    |
| open eyes wide           | to open eyes more than usual in surprise           |
| jump                     | to move up suddenly                                |
| clap                     | to hit your hands together                         |
| cheer                    | to shout happily                                   |
| notice                   | to see something                                   |
| see something unexpected | to find something surprising                       |
| think                    | to use your mind                                   |
| imagine                  | to see something in your mind                      |
| dream                    | to see something in your mind when awake or asleep |
| know                     | to have information                                |
| understand               | to know what something means                       |
| remember                 | to keep something in your mind                     |
| learn                    | to get new knowledge                               |
| study                    | to look at information carefully                   |
| find out                 | to learn something                                 |
| guess                    | to try to answer without knowing                   |
| suppose                  | to think something is true                         |
| consider                 | to think carefully                                 |
| believe                  | to think something is true                         |
| hope                     | to want something to happen                        |
| wish                     | to want something                                  |
| decide                   | to choose                                          |

| <b>Verb / Phrase</b> | <b>Meaning (A1 Level)</b>           |
|----------------------|-------------------------------------|
| choose               | to pick one thing                   |
| prefer               | to like one thing more than another |
| want                 | to need or like something           |
| need                 | to require something                |
| plan                 | to decide what to do                |
| prepare              | to get ready                        |
| try                  | to make an effort                   |
| agree                | to say yes                          |
| refuse               | to say no                           |
| say yes              | to agree                            |
| say no               | to disagree                         |
| remember             | to keep something in mind           |
| forget               | to not remember                     |
| recall               | to remember                         |
| remind               | to help someone remember            |
| think back           | to remember the past                |
| look back            | to remember the past                |
| notice               | to see or understand                |
| recognize            | to know someone or something        |
| say                  | to speak words                      |
| tell                 | to give information                 |
| ask                  | to want information                 |
| answer               | to respond to a question            |
| whisper              | to speak quietly                    |
| talk quietly         | to speak softly                     |
| explain              | to make something clear             |
| describe             | to tell what something is like      |
| announce             | to say publicly                     |
| order                | to tell someone to do something     |
| request              | to ask politely                     |
| invite               | to ask someone to come              |
| greet                | to say hello                        |
| say hello            | to greet                            |
| say goodbye          | to leave                            |
| say sorry            | to apologize                        |
| apologize            | to say sorry                        |
| thank                | to show thanks                      |
| congratulate         | to say well done                    |
| complain             | to say you are unhappy              |
| promise              | to say you will do something        |
| tell the truth       | to say what is real                 |
| lie                  | to say something not true           |

| <b>Verb / Phrase</b> | <b>Meaning (A1 Level)</b>            |
|----------------------|--------------------------------------|
| listen               | to hear and pay attention            |
| hear                 | to notice sound                      |
| pay attention        | to look and listen carefully         |
| respond              | to answer                            |
| repeat               | to say again                         |
| ask questions        | to want information                  |
| check                | to see if correct                    |
| smile                | to show happiness                    |
| laugh                | to make a happy sound                |
| cry                  | to let tears fall                    |
| sigh                 | to breathe out slowly                |
| frown                | to show unhappiness                  |
| scowl                | to show anger                        |
| shake head           | to say no                            |
| wave                 | to move hand to say hello or goodbye |
| clap                 | to hit hands together                |
| jump                 | to move up suddenly                  |
| nod                  | to move head up and down for yes     |
| point                | to show direction with finger        |
| hug                  | to hold someone                      |
| hold                 | to take in hands or arms             |
| touch                | to put hand on something             |
| shake hands          | to hold hands as greeting            |
| run                  | to move fast                         |
| walk                 | to move slowly                       |
| sit                  | to rest on chair or ground           |
| stand                | to be on feet                        |
| lie down             | to rest on ground or bed             |

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